# The Rise of Biologics and Implications on Clinical Trials Labeling



## Introduction

Biologics, a rapidly evolving domain within the life sciences sector, represent a new era of medical advancement and therapeutic promise. Unlike traditional small-molecule drugs, biologics are large, complex molecules, often derived from living cells. These can include a variety of products such as vaccines, gene therapies, and monoclonal antibodies. Their complexity and sensitivity not only revolutionize patient treatment options but also present distinct challenges in clinical development, particularly in clinical trials.

The significance of biologics can't be overstated. They offer targeted therapies for a range of illnesses, including chronic diseases, cancers, and rare genetic disorders, often with fewer side effects than conventional treatments. This has led to a surge in their popularity and development. Industry reports from sources like IQVIA and EvaluatePharma have documented a consistent increase in the number of clinical trials involving biologics. According to IQVIA's insights into the 2023 U.S. Pharmaceutical Market, biologics continue to grow at a higher pace compared to non-biologics, with specialty drugs, which often include biologics, accounting for more than half of the total market. This growth trajectory underscores the shifting focus of pharmaceutical research and development towards these advanced therapeutic modalities.

Emphasizing this growth, the IQVIA report titled "Biosimilars in the United States 2023-2027" highlights that the U.S. biologics market has grown by an average of 12.5% annually over the last five years on an invoice-price basis, outpacing non-biologics and comprising a significant portion of overall pharmaceutical spending. One executive of a leading CDMO indicates growth of biologics by as much as 15% CAGR over the last several years, with no slowdown in sight.



Exhibit 1: Total U.S. invoice spending growth by type and leading therapy areas by 2021 spending, US\$Bn

Source: IQVIA MIDAS, Dec 2021; IQVIA Institute, Nov 2022.

However, the growth of biologics in clinical trials is not without its challenges. Among the most prominent and complex is the issue of labeling. Labeling for clinical trials, a critical component for ensuring patient safety and regulatory compliance, becomes increasingly intricate in the context of biologics. The unique nature of biologics - their sensitivity to environmental conditions, potential for immunogenic responses, and intricate manufacturing processes - demands a labeling approach that is both highly specialized and adaptable.

This white paper posits that the growing prevalence of biologics in clinical trials presents distinct and unprecedented challenges in labeling, necessitating a reevaluation of existing practices and the development of innovative solutions. In exploring these themes, this report will draw upon guidelines from regulatory authorities like the FDA and EMA, which provide a framework for the safe and effective management of biologic trials. The aim is to offer insights into the evolving landscape of biologics and the imperative of adapting labeling strategies to meet the unique demands of these groundbreaking therapies.

## The Background and Growth of Biologics Clinical Trials

Biologics have transformed the landscape of pharmaceutical development and treatment modalities. From their early inception to the current state of advanced research and clinical trials, biologics represent a significant evolution in therapeutic approaches. These complex molecules, often derived from living organisms, have the ability to target specific components of the human body, offering new hope for the treatment of various diseases.



Recent trends in the growth of biologics are both promising and indicative of the sector's potential. The biologics development pipeline has been expanding robustly, with biotech patents growing at an annual rate of 25% since 1995. As of now, over 1,500 biomolecules are undergoing clinical trials, reflecting the sector's dynamic nature and the high success rate of biologics compared to small-molecule products. Notably, biologics have demonstrated over twice the success rate of traditional small-molecule products in clinical trials, with a 13% success rate for biopharma products entering Phase I trials eventually launching.

The market data surrounding biologics also underscores their growing prominence. The North American market dominates globally, driven by the increasing incidence of chronic diseases, the presence of well-established pharmaceutical companies, and the rise in biotech firms. The biologics market is not only competitive but also characterized by strategic mergers, new product launches, and partnerships. Significant capital investments in R&D have been a key driver, reflecting the high costs associated with developing biologics.



The drivers of this growth are multifaceted. The efficacy and safety profiles of biologics, coupled with their ability to address previously untreatable conditions, have led to strong market demand and significant profits. This demand is further fueled by the growing need for innovative treatments for chronic and complex diseases, such as various forms of cancer and autoimmune disorders. The approval of biosimilars, which are essentially generic versions of biologics, has opened access to these treatments to a broader patient population, further boosting the sector's growth.

However, this growth comes with its challenges, particularly in terms of regulatory scrutiny and the complexity of biopharma operations and supply chains. Quality compliance and the regulatory landscape are increasingly demanding, with heightened scrutiny from regulatory bodies like the FDA. This has resulted in a greater focus on ensuring robust processes and efficiency in the development and manufacturing of biologics.

To summarize, the biologics sector is witnessing rapid growth and transformation, driven by significant investment in R&D, the increasing prevalence of chronic diseases, and advancements in medical science that make biologics a promising avenue for novel treatments. The sector's evolution is reshaping the landscape of pharmaceuticals with a clear trend towards more targeted and effective therapies.

## The Importance of Labeling in Clinical Trials

Labeling in clinical trials plays a crucial role in ensuring the safety, efficacy, and compliance of investigational new drugs. The regulatory requirements set forth by agencies such as the FDA highlight the importance of accurate and clear labeling for these trials.

The significance of accurate and comprehensive labeling in biologics clinical trials is paramount, considering the complex nature of these products and the stringent regulatory environment in which they operate. Labeling in this context not only serves to ensure patient safety and regulatory compliance but also upholds the integrity and validity of the clinical trials.

#### Safety and Efficacy in Biologics Trials

The nature of biologics, often being large, complex molecules or mixtures derived from living cells, necessitates precise handling and administration instructions on labels. A study in the "Journal of Clinical Pharmacy and Therapeutics" highlighted the impact of labeling on medication errors, which is particularly relevant for biologics given their sensitivity and potential for severe adverse reactions if mishandled.

#### **Regulatory Compliance**

The compliance aspect is especially critical in biologics trials due to the involvement of multiple regulatory bodies, including the FDA and EMA. As per CFR Title 21 Part 312, clear

labeling indicating investigational use is essential. The FDA's guidelines on biologics labeling stress the need for clarity and accuracy, a requirement that is heightened due to the personalized nature of many biologic treatments.

#### **Challenges of Mislabeling**

In biologics trials, the consequences of mislabeling can be severe, ranging from patient harm to compromised trial data. This risk is amplified due to the individualized nature of many biologic therapies. Innovations like electronic labeling systems, as reported by the "Journal of the American Medical Informatics Association," are becoming crucial in mitigating these risks.

#### Informed Consent and Ethical Considerations

For biologics trials, where treatments are often novel and complex, labeling plays a key role in the informed consent process. It provides participants with critical information about the biologic, including its investigational status, thereby aligning with ethical guidelines for clinical research.

#### **Technological Advances and Future Directions**

The future of labeling in biologics clinical trials is leaning towards more sophisticated solutions like smart labels for real-time monitoring, blockchain for traceability, and AI for dynamic label management. These advancements aim to address the unique challenges posed by biologics, enhancing safety, compliance, and efficiency.

In summary, labeling in biologics clinical trials is a critical component that requires meticulous attention to detail due to the complex nature of these products and the high stakes involved. The evolution of labeling practices, driven by both technological advancements and regulatory requirements, is crucial for the continued success and integrity of biologics clinical trials.

## Unique Labeling Challenges for Biologics Clinical Trials

The complexities involved in the labeling of biologics in clinical trials are numerous and multifaceted. These complexities arise from the inherent nature of biologics themselves, which are typically large, complex molecules or mixtures of molecules derived from living organisms. This complexity significantly impacts the labeling process in various ways.



One of the primary challenges in biologics labeling is the need for stringent regulatory compliance. The FDA and other regulatory bodies have set specific guidelines for the labeling of biologics, which are crucial for ensuring patient safety and drug efficacy. These guidelines dictate what information must be included on labels, such as dosage, administration instructions, and potential side effects. The labels must be clear, accurate, and provide essential information to healthcare providers and patients. Inaccuracies or omissions in labeling can lead to the FDA rejecting or questioning New Drug Applications (NDA) and Biologics License Applications (BLA).

Labeling for biologics clinical trials encompasses various complexities that are unique to these types of pharmaceuticals. These challenges primarily arise from the intrinsic properties of biologics and the stringent regulatory standards they must adhere to. Here are some specific aspects that add to the complexity of labeling requirements for biologics:

### Temperature Sensitivity

Biologics like monoclonal antibodies and vaccines are sensitive to temperature variations. This sensitivity necessitates precise temperature control and monitoring throughout the transportation and storage phases. Labels must include detailed temperature storage instructions to ensure the integrity of the biologic is maintained. The importance of label adhesives and application is crucial, especially in the context of temperature sensitivity for biologics in clinical trials. Given the stringent storage conditions required for many biologics, including extreme cold temperatures, the choice of label adhesive and its application method become key factors in ensuring label integrity and functionality.

The financial implications of not properly managing temperature-sensitive biologics are substantial. According to a report by the IQVIA Institute for Human Data Science, the biopharma industry loses approximately \$35 billion annually due to failures in temperature-controlled logistics. This loss encompasses not only the direct cost of the lost product but also additional costs associated with clinical trial delays, replacement costs, wasted logistics efforts, and the expenses involved in conducting root-cause analyses to identify the issues leading to temperature control failures.

#### **Adhesive Performance at Low Temperatures**

#### **Adhesive Selection**

For biologics that require refrigeration or freezing, like certain vaccines or monoclonal antibodies, the adhesive used in labeling must remain effective at low temperatures. Standard adhesives may become brittle and lose their tack at sub-zero temperatures, leading to label detachment or damage. Therefore, adhesives designed to withstand extreme cold are necessary.

#### **Maintaining Bond Strength**

Cold temperature adhesives are formulated to maintain their bond strength under freezing conditions. This is crucial not only during storage but also during the transportation of biologics, which may involve exposure to varying temperatures.

#### **Preventing Moisture-related Issues**

In cold environments, condensation can form when temperature changes occur. This moisture can weaken standard adhesives, causing labels to peel off. Cold temperature adhesives are often designed to be moisture-resistant, ensuring the label remains affixed and legible.

#### **Label Application Considerations**

#### **Surface Preparation**

Before label application, the surface of the biologic container (such as vials or syringes) must be clean and free of moisture or frost. Any residue or condensation can prevent the adhesive from forming a strong bond.

#### **Application Process**

The process of applying labels in cold environments may require specific equipment capable of handling cold temperature adhesives. Some labels might need to be applied at room temperature before the product is moved to cold storage.

#### **Label Materials**

The label material itself must also be suitable for cold temperatures. It should be able to withstand low temperatures without cracking, becoming brittle, or losing color. Materials like polyester are often used for their durability in extreme conditions.

### **Handling Instructions**



Biologics can be fragile and may require specific handling procedures to maintain their efficacy and safety. Labels need to clearly outline these handling instructions to prevent inadvertent damage or degradation. This includes instructions on agitation, exposure to light, or specific reconstitution methods if the biologic is in a lyophilized form.

#### **Complexity of Handling Biologics**

#### Sensitivity to Environmental Conditions

Many biologics are sensitive to light, temperature fluctuations, and physical agitation. For example, monoclonal antibodies, a common type of biologic, can be denatured or aggregated if shaken too vigorously. This sensitivity must be clearly communicated on the label. Agitation can lead to structural changes in protein-based biologics, impacting their therapeutic effectiveness.

#### **Reconstitution Requirements**

Some biologics, especially those in a lyophilized (freeze-dried) form, require specific reconstitution methods. For instance, the reconstitution process for certain vaccines must be done using a diluent provided by the manufacturer, and the method of mixing can be crucial. The label must include clear instructions on how to properly reconstitute the product to ensure its efficacy.

#### **Special Administration Instructions**

Biologics such as gene therapies may require specialized administration techniques. For example, CAR-T therapies, which involve reinfusing modified T-cells into patients, require precise handling to maintain cell viability. Labels should provide information on handling requirements to prevent accidental cell damage.

Handling instructions on biologics' labels are not just guidelines but are crucial for the safety and efficacy of these treatments. They address the specific challenges posed by the sensitive nature of these products. Ensuring that these instructions are clear, accurate, and compliant with regulatory standards is essential in the clinical use of biologics. Failure to adhere to these instructions can compromise the treatment's effectiveness and patient safety, emphasizing the importance of precise and detailed labeling in biologics clinical trials.

### **Expiry Dates**

Due to the complex and often unstable nature of biologics, accurately determining and managing expiry dates can be challenging. Biologics may have shorter shelf-lives than traditional pharmaceuticals, and their stability can be affected by various factors including temperature excursions. Labels must provide clear and accurate expiry dates to ensure that patients do not receive ineffective or potentially harmful treatments.

#### **Labeling Challenges and Considerations**

#### **Clarity and Visibility**

The expiry date on a biologic's label must be prominently displayed and easy to read. This clarity is essential to prevent the use of the product beyond its effective period, which is crucial given the potential for biologics to degrade or lose potency over time.

#### **Stability Indications**

Biologics, such as monoclonal antibodies or vaccines, have stability profiles that can be significantly impacted by environmental factors like temperature. The expiry date on the label must accurately reflect the stability data obtained from rigorous testing. For example, labels on certain vaccines indicate a change in expiry date based on the time elapsed since the product was thawed or opened.

#### **Regulatory Compliance**

Compliance with regulatory guidelines is paramount in labeling expiry dates for biologics. Regulatory bodies like the FDA and EMA enforce strict rules for how expiry information should be presented on labels, ensuring consistency and patient safety.

The labeling of expiry dates on biologics is a critical component that demands meticulous attention. It involves balancing the need for clear, patient-friendly information with the adherence to stringent regulatory requirements. Effective management of expiry date labeling is essential to the safe and effective use of biologics in clinical settings.

## **Regulatory Compliance**



The regulatory landscape for biologics is rigorous, with various agencies like the FDA and EMA having specific labeling requirements. These regulations may encompass aspects like font size, language, inclusion of certain warnings, and the presentation of risk information. These regulations are designed to ensure patient safety and informed usage of biologics, which are often used to treat serious medical conditions and can have significant side effects. Adhering to these regulations is crucial for the approval of clinical trials and subsequent marketing of the drug.

#### **Stringent Labeling Requirements**

#### **Black Box Warnings**

For certain high-risk biologics, the FDA may require a "black box warning" or boxed warning, the most stringent warning put in the labeling of prescription drugs. This warning appears on the label and is designed to call attention to serious or life-threatening risks. For example, the labeling of some TNF blockers, a type of biologic used to treat autoimmune diseases, includes a black box warning about the increased risk of serious infections and cancer.

#### **Inclusion of Risk Information**

The EMA and FDA mandate that labels of biologics include detailed information on potential risks and adverse reactions. This is particularly important for biologics due to their complex nature and the potential for immune system reactions.

#### **Patient-Specific Information**

In cases where biologics are developed for personalized medicine applications, such as certain cancer treatments or gene therapies, labels must include specific information tailored to the individual patient. This could include patient identifiers or specific usage instructions based on the patient's genetic information.

In summary, regulatory compliance in the labeling of biologics is a critical aspect that requires adherence to strict guidelines set by regulatory authorities. The inclusion of detailed risk information, patient-specific data, and stringent warnings ensures that patients and healthcare providers are well-informed about the biologic's potential risks and benefits. Failure to comply with these regulations can lead to significant repercussions, emphasizing the importance of meticulous and accurate labeling in biologics clinical trials.

## **Multilingual Labeling**



The requirement for multilingual labeling in biologics clinical trials reflects the global nature of these trials and the diverse populations they serve. Providing label information in multiple languages is not just a logistical challenge; it's a necessity to ensure that all participants – patients, healthcare providers, and regulatory bodies – across different regions have a clear understanding of the biologic's usage, dosage instructions, and associated risks.

### **Complexity in Multilingual Labeling**

#### **Regulatory Requirements**

Different countries have specific regulatory requirements for labeling. For instance, the European Union mandates that labels and patient information leaflets be provided in the official language(s) of the member state where the product is marketed. This requirement is critical for ensuring that patients and healthcare providers understand the product's proper use and potential side effects.

#### Cultural and Linguistic Nuances

Labels must be accurately translated, considering cultural and linguistic nuances. This is particularly important for instructions and warnings that, if misunderstood, could lead to misuse or adverse reactions. For example, terms used in one language might not have a direct equivalent in another, requiring careful contextual translation.

### **Examples from Clinical Trials**

#### **Global Vaccine Trials**

In the COVID-19 vaccine trials, such as those conducted by Pfizer-BioNTech and Moderna, multilingual labeling was essential. These vaccines were trialed and distributed globally, necessitating labels in various languages to ensure that administration guidelines and storage conditions were clearly communicated.

#### **Biologics for Rare Diseases**

In trials involving biologics for rare diseases, where patient populations are spread across various countries, multilingual labels are crucial for patient comprehension and safety. For

example, a biologic developed for a rare genetic condition might be trialed in multiple countries, each requiring labels in the local language.

#### **Patient Information Leaflets**

Apart from the labels on the biologic products themselves, patient information leaflets provided in clinical trials also need to be multilingual. These leaflets contain detailed information about the drug, including how to use it, potential side effects, and storage instructions.

#### **Challenges and Solutions**

The challenge of producing accurate and compliant multilingual labels is often met through collaboration with specialized translation services experienced in medical and pharmaceutical terminology. Advanced labeling software can also aid in managing the complexity by storing and organizing label information in multiple languages, ensuring consistency across different versions.

In summary, multilingual labeling in biologics clinical trials is a critical aspect of ensuring global accessibility and understanding of these complex pharmaceuticals. The accurate translation and cultural adaptation of label content are essential to guarantee that the biologic is used safely and effectively, regardless of the geographical location of the trial or distribution.

## **Future Outlook**



As we look towards the future of biologics trials and labeling, several key trends are set to shape the landscape:

#### Increased Adoption of Digital and Smart Technologies

The future of biologics labeling is likely to be dominated by digital and smart technologies, including advanced IoT devices, smart labels, and blockchain. These technologies will enhance real-time tracking, data accuracy, and supply chain transparency, crucial for managing complex biologics and personalized medicines.

#### **Greater Emphasis on Patient-Centric Approaches**

Labeling solutions will evolve to focus more on patient engagement and education. Augmented Reality (AR) and mobile technologies will be used increasingly to provide patients with accessible, comprehensible information about their treatments, dosing schedules, and potential side effects.

#### Integration of AI and Machine Learning

Al and machine learning will play a more significant role in label management, predictive analytics, and regulatory compliance. These technologies will automate and optimize label generation, ensuring accuracy and adherence to evolving global regulations.

#### **Sustainability in Labeling Practices**

With a growing emphasis on sustainability, eco-friendly labeling solutions will gain prominence. This will involve the use of biodegradable materials and processes that minimize the environmental impact of labeling practices.

#### Personalized and Dynamic Labeling

As personalized medicine continues to grow, there will be an increased need for dynamic and flexible labeling systems capable of handling patient-specific information efficiently and securely.

These predictions, aligned with the insights from industry leaders and experts, suggest a future where technology, patient-centricity, and sustainability converge to redefine biologics labeling in clinical trials. The integration of these advanced solutions will not only streamline the labeling process but also significantly enhance compliance, safety, and patient engagement in biologics clinical trials.

## Conclusion

It's evident that the current processes and solutions for labeling in biologics clinical trials play a pivotal role in ensuring the success and integrity of these trials. The use of advanced technologies like centralized labeling systems, dynamic labeling, and integration with clinical trial management systems are not just innovations but necessities in the complex landscape of biologics. These current solutions address critical aspects such as regulatory compliance, patient safety, and operational efficiency, which are fundamental in managing the intricacies of biologics trials.

Furthermore, the implementation of technologies such as AI for error prediction and optimization, along with IoT for real-time monitoring, exemplifies the industry's commitment to advancing labeling practices. These current processes and solutions are instrumental in mitigating risks, reducing errors, and ensuring that the labeling of biologics remains accurate and compliant with global standards. As the biologics sector continues to grow and evolve, these established labeling practices will remain essential, forming the backbone of successful clinical trial management and paving the way for future innovations in biologics development and patient care.